

Postfeast Elevation

Eustathios & Family

September 20, 2026

16th Sunday after Pentecost

Tone 7

[Commemoration – Martyrs of Alaska – Juvenaly & Peter]

MATINS – HYBRID

The Trisagion Prayers

PEOPLE: Holy God, Holy Mighty, Holy Immortal: have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Your name's sake.

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom and the power and the glory: of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

Troparion and Kontakion of the Cross and Theotokion

LEADER: O Lord, save Your people, and bless Your inheritance, granting to Your people victory over all adversaries, and by Your Cross preserving Your habitation.

Glory to the Father and to the Son and to the Holy Spirit:

O Lord, Who of Your own good will were lifted up on the Cross, O Christ our God, bestow Your generous gifts on the new nation which is called by Your name; make glad in Your might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Your aid a weapon of peace and a trophy invincible.

Now and ever, and unto ages of ages. Amen.

O fearsome Champion, who cannot be put to confusion, despise not our petitions, O good and all-praised Theotokos; establish the way of the Orthodox; save those

who have been called upon to govern us, leading us all to that victory which is from heaven, for you are she who gave birth to God and alone are blessed.

Twelve-Fold Lord Have Mercy

LEADER: Lord, have mercy. (12x)

Through the prayer of our holy fathers, O Lord Jesus Christ, have mercy on us and save us. Amen.

Glory to God in the highest, and on earth peace, good will among men. (3x)

O Lord, open my lips, and my mouth shall declare Your praise. (2x)

The Six Psalms

Psalms 3

Lord, how they have increased who trouble me! Many are they who rise up against me. Many are they who say of me, "There is no help for him in God." But You, O Lord, are a shield for me, my glory and the One Who lifts up my head. I cried to the Lord with my voice, and He heard me from His holy hill. I lay down and slept; I awoke, for the Lord sustained me. I will not be afraid of ten thousands of people who have set themselves against me all around. Arise, O Lord; save me, O my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly. Salvation belongs to the Lord. Your blessing is upon Your people.

I lay down and slept; I awoke, for the Lord sustained me.

Psalms 38 (LXX 37)

O Lord, do not rebuke me in Your wrath, nor chasten me in Your hot displeasure! For Your arrows pierce me deeply, and Your hand presses me down. There is no soundness in my flesh because of Your anger, nor any health in my bones because of my sin. For my iniquities have gone over my head; like a heavy burden they are too heavy for me. My wounds are foul and festering because of my foolishness. I am troubled, I am bowed down greatly; I go mourning all the day long. For my loins are full of inflammation, and there is no soundness in my flesh. I am feeble and severely broken; I groan because of the turmoil of my heart. Lord, all my desire is before You; and my sighing is not hidden from You. My heart pants, my strength fails me; as for the light of my eyes, it also has gone from me. My loved ones and my friends stand aloof from my plague, and my relatives stand afar off. Those also who seek my life lay snares for me; those who seek my hurt speak of destruction, and plan deception all the day long. But I, like a deaf man, do not hear; and I am like a mute who does not open his mouth. Thus I am like a man who does not hear, and in whose mouth is no response. For in You, O Lord, I hope; You will hear, O Lord my God. For I said, "Hear me, lest they rejoice over me, lest, when my foot slips, they exalt themselves against me." For I am ready to fall, and my sorrow is continually before me. For I will declare my iniquity; I will be in anguish over my sin. But my enemies are vigorous, and they are strong; and those who hate me wrongfully have multiplied. Those also who render evil for good, they

are my adversaries, because I follow what is good. Do not forsake me, O Lord; O my God, be not far from me! Make haste to help me, O Lord, my salvation!

Do not forsake me, O Lord; O my God, be not far from me! Make haste to help me, O Lord, my salvation!

Psalm 63 (LXX 62)

O God, You are my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water. So I have looked for You in the sanctuary, to see Your power and Your glory. Because Your loving-kindness is better than life, my lips shall praise You. Thus I will bless You while I live; I will lift up my hands in Your name. My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips. When I remember You on my bed, I meditate on You in the night watches. Because You have been my help, therefore in the shadow of Your wings I will rejoice. My soul follows close behind You; Your right hand upholds me. But those who seek my life, to destroy it, shall go into the lower parts of the earth. They shall fall by the sword; they shall be a portion for jackals. But the king shall rejoice in God; everyone who swears by Him shall glory; but the mouth of those who speak lies shall be stopped. I meditate on You in the night watches. Because You have been my help, therefore in the shadow of Your wings I will rejoice.

My soul follows close behind You; Your right hand upholds me.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Psalm 88 (LXX 87)

O Lord, God of my salvation, I have cried out day and night before You. Let my prayer come before You; incline Your ear to my cry. For my soul is full of troubles, and my life draws near to the grave. I am counted with those who go down to the pit; I am like a man who has no strength, adrift among the dead, like the slain who lie in the grave, whom You remember no more, and who are cut off from Your hand. You have laid me in the lowest pit, in darkness, in the depths. Your wrath lies heavy upon me, and You have afflicted me with all your waves. You have put away my acquaintances far from me; You have made me an abomination to them; I am shut up, and I cannot get out; my eye wastes away because of affliction. Lord, I have called daily upon You; I have stretched out my hands to You. Will You work wonders for the dead? Shall the dead arise and praise You? Shall Your loving-kindness be declared in the grave? Or Your faithfulness in the place of destruction? Shall Your wonders be known in the dark? And Your righteousness in the land of forgetfulness? But to You I have cried out, O Lord, and in the morning my prayer comes before You. Lord, why do You cast off my soul? Why do You hide Your face from me? I have been afflicted and ready to die from my youth;

I suffer Your terrors; I am distraught. Your fierce wrath has gone over me; Your terrors have cut me off. They came around me all day long like water; they engulfed me altogether. Loved one and friend You have put far from me, and my acquaintances into darkness.

O Lord, God of my salvation, I have cried out day and night before You. Let my prayer come before You; incline Your ear to my cry.

Psalms 103 (LXX 102)

Bless the Lord, O my soul; and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with loving-kindness and tender mercies, Who satisfies your mouth with good things, so that your youth is renewed like the eagle's. The Lord executes righteousness and justice for all who are oppressed. He made known His ways to Moses, His acts to the children of Israel. The Lord is merciful and gracious, slow to anger, and abounding in mercy. He will not always strive with us, nor will He keep His anger forever. He has not dealt with us according to our sins, nor punished us according to our iniquities. For as the heavens are high above the earth, so great is His mercy toward those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us. As a father pities his children, so the Lord pities those who fear Him. For He knows our frame; He remembers that we are but dust. As for man, his days are like grass; as a flower of the field, so he flourishes. For the wind passes over it, and it is gone, and its place remembers it no more. But the mercy of the Lord is from everlasting to everlasting on those who fear Him, and His righteousness to children's children, to such as keep His covenant, and to those who remember His commandments to do them. The Lord has established His throne in heaven, and His kingdom rules over all. Bless the Lord, You His angels, who excel in strength, who do His word, heeding the voice of His word. Bless the Lord, all you His hosts, you ministers of His, who do His pleasure. Bless the Lord, all His works, in all places of His dominion. Bless the Lord, O my soul!

In all places of His dominion, bless the Lord, O my soul!

Psalms 143 (LXX 142)

Hear my prayer, O Lord, give ear to my supplications! In Your faithfulness answer me, and in Your righteousness. Do not enter into judgment with Your servant, for in Your sight no one living is righteous. For the enemy has persecuted my soul; He has crushed my life to the ground; He has made me dwell in darkness, like those who have long been dead. Therefore my spirit is overwhelmed within me; my heart within me is distressed. I remember the days of old; I meditate on all Your works; I muse on the work of Your hands. I spread out my hands to You; my soul longs for You like a thirsty land. Answer me speedily, O Lord; my spirit fails! Do not hide Your face from me, lest I be like those who go down into the pit. Cause me to hear Your loving-kindness in the morning, for in You do I trust; cause me to know the way in which I should walk, for I lift up my soul to you. Deliver me, O Lord, from my enemies; in You I take shelter. Teach me to do Your will, for You

are my God; Your Spirit is good. Lead me in the land of uprightness. Revive me, O Lord, for Your name's sake! For Your righteousness' sake bring my soul out of trouble. In Your mercy cut off my enemies, and destroy all those who afflict my soul; for I am Your servant.

O Lord, give ear to my supplications and do not enter into judgment with Your servant. (2x)

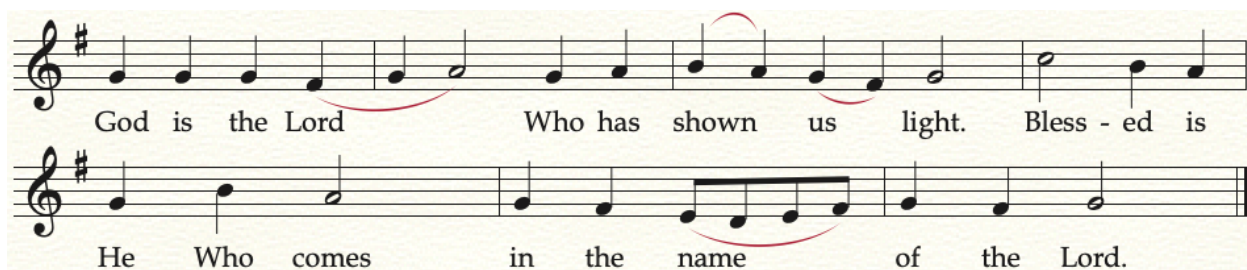
Your Spirit is good. Lead me in the land of uprightness.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

O our God and our Hope, glory to You.

“God is the Lord...” - Psalm 118 (LXX 117) Tone 7 (Byzantine)



Verse: O give thanks unto the Lord and call upon His holy name.

Verse: All nations surrounded me; but in the name of the Lord will I destroy them.

Verse: The stone which the builders refused has become the head cornerstone. This is the Lord's doing; it is marvelous in our eyes.

Troparion of the Cross: Tone 1 (Byzantine)

O Lord, save Your people, and bless Your inheritance, granting to the faithful vict'ry over their enemies, and by the power of Your Cross preserving Your habitation.

Second Kathisma Hymn

Tone 7

While the tomb was sealed, You shone forth from it, O Christ our Life; and while the doors remained closed, You stood among Your disciples, O Resurrection of all; and through them You restored a new spirit in us according to Your great mercy

Glory to the Father and to the Son and to the Holy Spirit

The holy women hastened to Your tomb, carrying spices which they mixed with their tears. And while the soldiers were guarding You as the King of all, they asked one another: "Who will roll the stone away for us?" But the voice of a bodiless power was heard, which said: "The Angel of Great Counsel has risen, trampling down

Death!” Wherefore, O Almighty God, Whom no place can contain, Lord, glory to You!

Now and ever and unto ages of ages. Amen.

In the middle of Eden, a tree brought about death, and in the midst of the earth, a Tree has made life blossom forth. Eating from the first tree, we came to know corruption, and from the second, we have obtained joy and immortality. For it is through the Cross that God Most High saves the race of mankind.

Resurrectional Evlogetaria - Tone 5 (Znamenny)

Blessed are You, O Lord. Teach me Your statutes.

The company of the angels was amazed, when they beheld You numbered among the dead; yet You, O Savior, were destroying the power of death and with Yourself raising up Adam and releasing all men from hell.

Blessed are You, O Lord. Teach me Your statutes.

Why, O women disciples, do you mingle sweet-smelling spices with your tears of pity? The radiant angel within the sepulcher cried to the myrrh-bearing women: “Behold the grave, and understand; for the Savior is risen from the tomb.”

Blessed are You, O Lord. Teach me Your statutes.

Very early in the morning the myrrh-bearing women ran lamenting to Your tomb; but an angel came toward them, saying: “The time for lamentation is passed. Do not weep, but announce to the apostles the Resurrection.”

Blessed are You, O Lord. Teach me Your statutes.

The myrrh-bearing women mourned as they carried ointments and drew near Your tomb, O Savior. But the angel spoke to them, saying: “Why do you number the living among the dead? Since He is God, He is risen from the grave.”

Glory to the Father and to the Son and to the Holy Spirit:

We adore the Father, as also His Son, and the Holy Spirit, the Holy Trinity in one essence; crying with the seraphim: “Holy, holy, holy are You, O Lord.”

Now and ever, and unto ages of ages. Amen.

Since you bore the Giver of life, O Virgin, you redeemed Adam from sin, and gave to Eve joy in place of sadness; and He Who was incarnate of you, Who is both God and man, has restored to life those who had fallen from it.

Alleluia, alleluia, alleluia. Glory to You, O God. (3x)

O our God and our hope, glory to You.

Hypakoe

Tone 7

O Christ God, You have taken our form and endured the Cross in Your body. Through Your Resurrection, save me, O Lover of mankind!

Anavathmoi

Antiphon 2

Unless the Lord build the house of the soul, in vain do we labor; without Him, neither words nor deeds can bear fruit.

The Saints put forth teachings about our adoption as children by the Father, as through the fruit of the womb, through the activity of the Holy Spirit.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Everything receives its existence from the Holy Spirit: being God from before all ages, He is Lord of the creation, the unapproachable Light and the Life of all!

Matins Prokeimenon: Tone 7 - Psalm 10

Arise, O Lord my God, lift up Your hand! Forget not Your poor forever.

Verse: I will give thanks to You, O Lord, with my whole heart.

“Let every breath...”

Matins Gospel Reading: Eothinon 5 – Luke 24:12-35

But Peter arose and ran to the tomb; and stooping down, he saw the linen cloths lying by themselves; and he departed, marveling to himself at what had happened. Now behold, two of them were traveling that same day to a village called Emmaus, which was seven miles from Jerusalem. And they talked together of all these things which had happened. So it was, while they conversed and reasoned, that Jesus Himself drew near and went with them. But their eyes were restrained, so that they did not know Him. And He said to them, “What kind of conversation is this that you have with one another as you walk and are sad?” Then the one whose name was Cleopas answered and said to Him, “Are You the only stranger in Jerusalem, and have You not known the things which happened there in these days?” And He said to them, “What things?” So they said to Him, “The things concerning Jesus of Nazareth, who was a Prophet mighty in deed and word before God and all the people, and how the chief priests and our rulers delivered Him to be condemned to death, and crucified Him. But we were hoping that it was He who was going to redeem Israel. Indeed, besides all this, today is the third day since these things happened. Yes, and certain women of our company, who arrived at the tomb early, astonished us. When they did not find His body, they came saying that they had also seen a vision of angels who said He was alive. And certain of those who were with us went to the tomb and found it just as the women had said; but Him they did not see.” Then He said to them, “O foolish ones, and slow of heart to believe in all that the prophets have spoken! Ought not the Christ to have suffered these things and to enter into His glory?” And beginning at Moses and all the Prophets, He expounded to

them in all the Scriptures the things concerning Himself. Then they drew near to the village where they were going, and He indicated that He would have gone farther. But they constrained Him, saying, “Abide with us, for it is toward evening, and the day is far spent.” And He went in to stay with them. Now it came to pass, as He sat at the table with them, that He took bread, blessed and broke it, and gave it to them. Then their eyes were opened and they knew Him; and He vanished from their sight. And they said to one another, “Did not our heart burn within us while He talked with us on the road, and while He opened the Scriptures to us?” So they rose up that very hour and returned to Jerusalem, and found the eleven and those who were with them gathered together, saying, “The Lord is risen indeed, and has appeared to Simon!” And they told about the things that had happened on the road, and how He was known to them in the breaking of bread.

“Having Beheld...”

Having beheld the Resurrection of Christ let us worship the holy Lord Jesus, the only sinless One. We venerate Your Cross, O Christ, and we praise and glorify Your holy Resurrection for You are our God, and we know no other than You. We call on Your name. Come all you faithful, let us venerate Christ’s holy Resurrection. For behold through the Cross, joy has come into all the world. Let us ever bless the Lord, praising His Resurrection; for by enduring the Cross for us He has destroyed death by death.

Psalm 51 (LXX 50)

Have mercy upon me, O God, according to Your loving-kindness; according to the multitude of Your tender mercies, blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I acknowledge my transgressions, and my sin is always before me. Against You, You only, have I sinned, and done this evil in Your sight — that You may be found just when You speak, and blameless when You judge. Behold, I was brought forth in iniquity, and in sins my mother conceived me. Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Make me hear joy and gladness, that the bones You have broken may rejoice. Hide Your face from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit. Then I will teach transgressors Your ways, and sinners shall be converted to You. Deliver me from the guilt of bloodshed, O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness. O Lord, open my lips, and my mouth shall show forth Your praise. For You do not desire sacrifice, or else I would give it; You do not delight in burnt offering. The sacrifices of God are a broken spirit, a broken and a contrite heart — these, O God, You will not despise. Do good in Your good pleasure to Zion; build the walls of Jerusalem. Then You shall be pleased with the sacrifices of

righteousness, with burnt offering and whole burnt offering; then they shall offer bulls on Your altar.

Glory to the Father and to the Son and to the Holy Spirit:

Through the intercession of the apostles, O merciful One, blot out the multitude of my offenses.

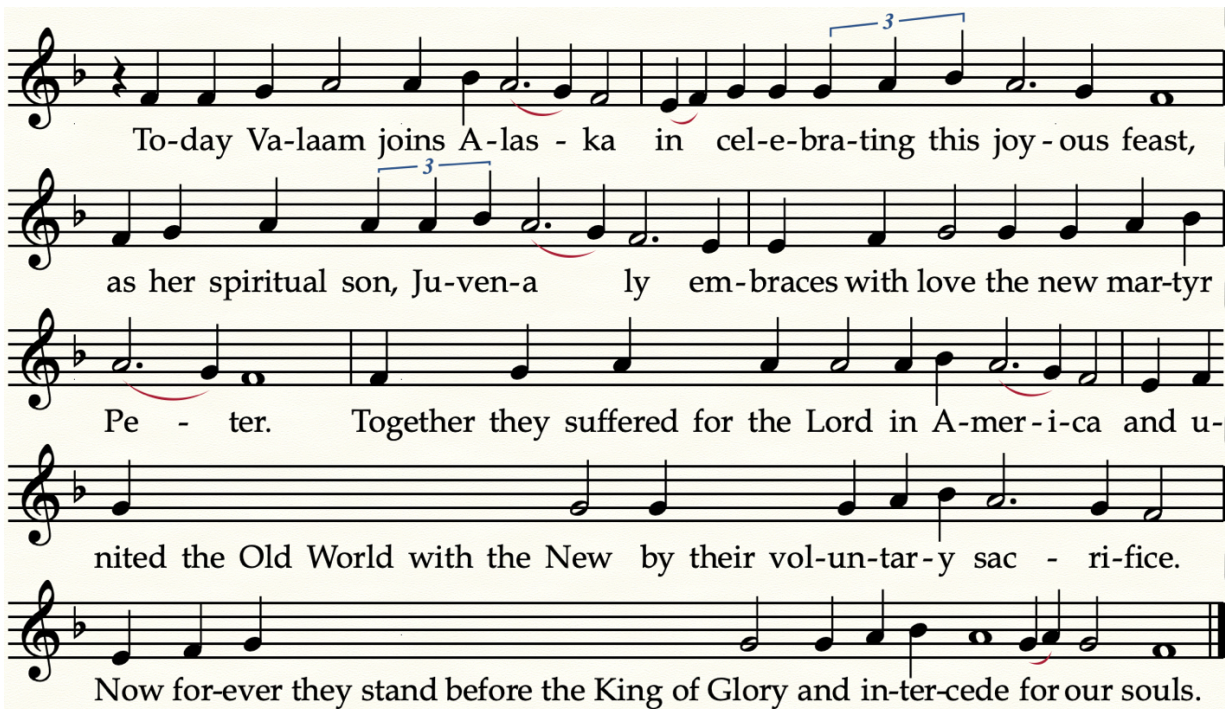
Now and ever and unto ages of ages. Amen.

Through the intercession of the Theotokos, O merciful One, blot out the multitude of my offenses.

Have mercy on me, O God, according to Your loving-kindness; according to the multitude of Your tender mercies blot out my transgression.

Jesus, having risen from the grave as He foretold, has given us eternal life and great mercy.

Kontakion Martyrs of Alaska: Tone 4 (Carpatho-Russian)



To-day Va-laam joins A-las - ka in cel-e-bra-ting this joy - ous feast,
as her spiritual son, Ju-ven-a ly em-braces with love the new mar-tyr
Pe - ter. Together they suffered for the Lord in A-mer-i-ca and u-
nited the Old World with the New by their vol-un-tar-y sac - ri-fice.
Now for-ever they stand before the King of Glory and in-ter-cede for our souls.

Synaxarion of the Feast & Day

On September 24, in the holy Orthodox Church we commemorate the Synaxis of all Saints of Alaska, in particular, the Martyrs Juvenaly and Peter.

Saint Juvenaly, the first Orthodox martyr in America, was born in 1761 in Siberia and entered a monastery at St. Petersburg at the age of 30. In 1794, he travelled to Alaska as a missionary along with seven other monastics, including Saint Herman. Father Juvenaly baptized over 700 natives near the mouth of the Copper River. In 1796, Saint Juvenaly came to the mouth of the Kuskokwim River in western Alaska, where he was killed by the



Yupik people. The zealous Priest-monk Juvenaly became the first Orthodox Christian in America to receive the crown of martyrdom.



Very little is known about the early life of Peter the Aleut, except that he was from Kodiak, and is said to have received the Christian name of Peter when he was baptized into the Orthodox Church. In 1815, Peter along with other Aleuts were captured by Spanish sailors off the coast of California. They were taken to San Francisco for interrogation. Under threat of torture, the Aleuts were told to deny their Orthodox faith. Peter refused and was tortured severely and then killed.

Saint Peter the Aleut and Saint Juvenaly are the equals of the martyrs of old, and also of the New Martyrs who have shone forth in more recent times.

On September 20, in the Holy Orthodox Church, we continue to celebrate the Feast of the Elevation of the Holy Cross, and commemorate holy Great-martyr Eustathios, Theopiste his wife, and their two sons Agapios and Theopistos.

Verses

*A bronze bull cauldron took the life of the household of
Eustathios;*

And, O Word of God, You saved them all.

*On the twentieth, the lives of Eustathios and his family were taken
by fire.*



Before his baptism, Eustathios was an illustrious Roman general named Placidas in the second century. While hunting in the country one day, he was converted to the faith of Christ through the apparition of an uncommonly majestic stag, between whose antlers he saw the Cross of Christ, and through which the Lord spoke to him with a human voice. Upon returning home, he learned that his wife Tatiana also had a similar vision. They sought out the Christian Bishop and were baptized, Placidas receiving the name Eustathios, and Tatiana the name Theopiste; their two sons were baptized Agapios and Theopistos. Soon after, Theopiste was abducted by a ship captain and the two sons were dragged off into the wilderness by wild beasts. After many years, through God's great mercy, the entire family was miraculously reunited. Refusing to renounce their faith, the family was subjected to torturous trials such as Job endured. When the family refused to sacrifice to the idols - a public sacrifice from which no Roman general could be absent - the Emperor Hadrian had them put into a large bronze device in the shape of a bull, which was heated with fire until they died. When their holy bodies were removed, they were found to be without harm. The martyrs suffered in the year 126.

On this day, we also commemorate the Venerable-martyr Hilarion of St. Anne Skete on Mount Athos; Venerable John of Crete; Martyrs Michael, prince of Chernigov, and his councilor Theodore. By the intercessions of Your Saints, O Christ God, have mercy on us. Amen.

Canon – Cross: Tone 8

Katavsia Odes 1-8

Ode 1: Inscribing the invincible weapon of the Cross upon the waters, Moses marked a straight line before him with his staff and divided the Red Sea, opening a path for Israel who went over dry-shod. Then he marked a second line across the waters and united them in one, overwhelming the chariots of Pharaoh. Therefore, let us sing to Christ our God, for He has been glorified.

Ode 3: The rod of Aaron is an image of this mystery, for when it budded it showed who should be priest. So in the Church, that once was barren, the wood of the Cross has now put forth flower, filling her with strength and steadfastness.

Ode 4: O Lord, I have heard the mystery of Your dispensation: I have considered Your works, and I have glorified Your Godhead.

Ode 5: O thrice-blessed Tree, on which Christ the King and Lord was stretched! Through you the beguiler fell, who tempted mankind with the tree. He was caught in the trap set by God, Who was crucified upon you in the flesh, granting peace unto our souls.

Ode 6: Jonah stretched out his hands in the form of a cross within the belly of the sea monster, plainly prefiguring the redeeming Passion. Cast out from there after three days, he foreshadowed the marvelous Resurrection of Christ our God, Who was crucified in the flesh and enlightened the world by His Rising on the third day.

Ode 7: The senseless decree of the wicked tyrant, breathing forth threats and blasphemies hateful to God, confused the people. Yet neither the fury of wild beasts nor the roaring of the fire could frighten the three Children: but standing together in the flame, fanned by the wind that brought refreshment as the dew, they sang: ‘Blessed are You and praised above all, O our God and the God of our fathers.’

We praise, bless and worship the Lord, singing and exalting Him above all forever.

Ode 8: O Children, equal in number to the Trinity, bless God the Father and Creator; sing the praises of the Word Who descended and changed the fire to dew; and exalt above all forever the most Holy Spirit, Who gives life to all.

Matins Canon – 9th Ode:

DEACON: *The Theotokos and Mother of the Light, let us honor and magnify in song.*

Magnification

“My soul magnifies the Lord and my spirit rejoices in God my Savior.

Refrain: More hon’rable than the cherubim and more glorious beyond compare than the seraphim, who without corruption gave birth to God the Word and are truly Theotokos, we magnify you.

For He has regarded the lowliness of His handmaiden, for behold from this time forth all generations shall call me blessed. For He Who is mighty has magnified me, and holy is His name, and His mercy is on those who fear Him throughout all generations.

He has shown strength with His arm. He has scattered the proud in the imagination of their hearts. He has put down the mighty from their seat, and has exalted the humble and meek.

He has filled the empty with good things and the rich He has sent away empty. Remembering His mercy He has helped His servant Israel as He promised to our forefathers, Abraham and his seed forever.”

If needed, the cantor sings the 9th Ode Resurrection verses for the Tone of the Week while the deacon completes censing altar, then concludes with the 9th Ode Katavasia of the Feast or Season.

The musical score is written in D major (two sharps) and 4/4 time. It consists of four staves of music, each with a treble clef. The lyrics are written below the notes. The first staff begins with a key signature change from D major to D minor (one sharp, one flat) for the first measure, then returns to D major. A blue bracket with the number '3' is placed over the first three measures of the first staff. The lyrics are: 'You are a mys-ti-cal par-a-dise, O The-o-to - kos; with-out seed, you have brought forth Christ by Whom the life - giv-ing tree of the Cross was plant-ed on the earth. As we bow down be - fore the Cross which is now ex - al - ted, we mag - ni - fy you.' The score includes various musical notations such as eighth notes, quarter notes, and half notes, with some notes beamed together. There are also some red markings on the staves, possibly indicating breath marks or phrasing.

You are a mys-ti-cal par-a-dise, O The-o-to - kos; with-out seed,
you have brought forth Christ by Whom the life - giv-ing tree of the
Cross was plant-ed on the earth. As we bow down be - fore the Cross
which is now ex - al - ted, we mag - ni - fy you.

The Little Litany & “Holy is the Lord our God”

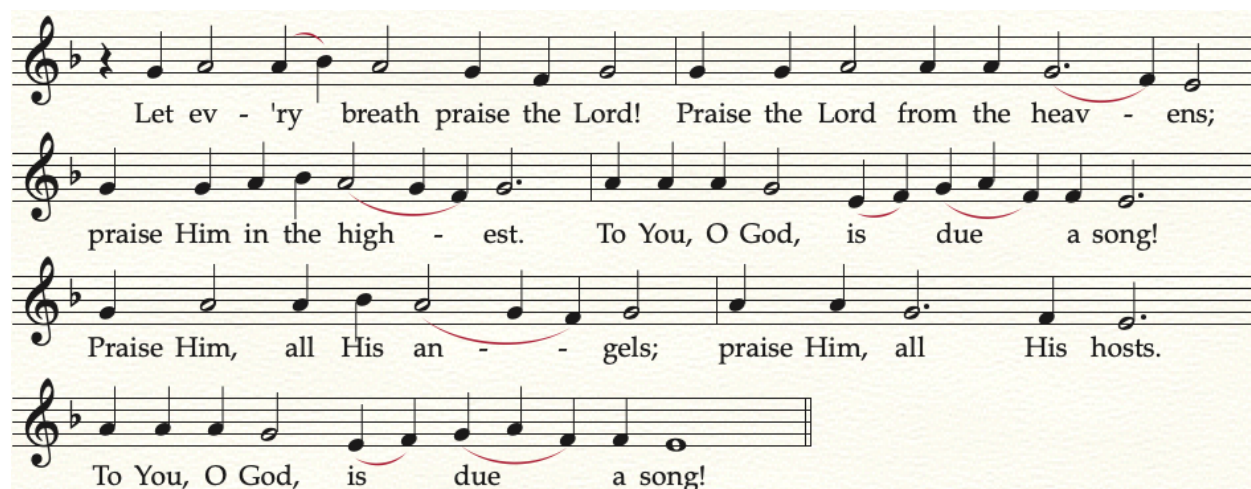
Exapostilaria – Eothinon 5 + Alaskan Martyrs + Elevation

The risen Christ, the Way and the Life, walked with Luke and Cleopas and they knew Him in the breaking of the bread. Their souls and hearts burned within them while He talked with them by the way and explained the scriptures of His sufferings. Let us cry with them. The Lord has risen and has appeared to Peter.

Remembering the holy Martyrs Juvenaly and Peter who sacrificed their whole lives for the Truth, and the Mother of God who offered her whole life to the Lord, let us pray that we too may be counted as faithful witnesses to the divine life that the Savior has revealed to us. Let us spend the time that remains of our lives doing the work that He has entrusted to us, commending ourselves and all our lives to Christ our God.

Placing our hope in you, O most pure Theotokos, we powerfully triumph over enemies and put them to flight. For we possess the holy Cross of your Son, O spotless Maid: our weapon against the evil one!

The Praises: Tone 3 - Psalms 148, 150 (Kievan)



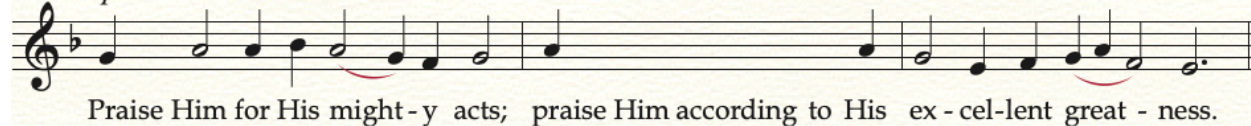
Let ev - 'ry breath praise the Lord! Praise the Lord from the heav - ens;
praise Him in the high - est. To You, O God, is due a song!
Praise Him, all His an - gels; praise Him, all His hosts.
To You, O God, is due a song!

Cantor



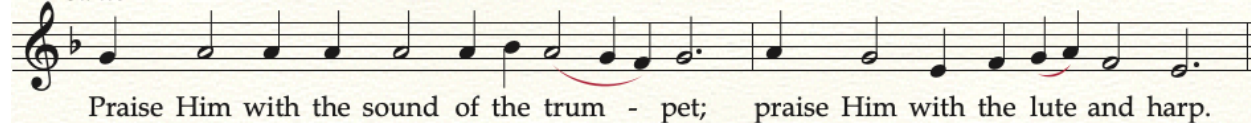
Praise God in His sanc - tu - a - ry; praise Him in His might-y firm-a-ment.

People



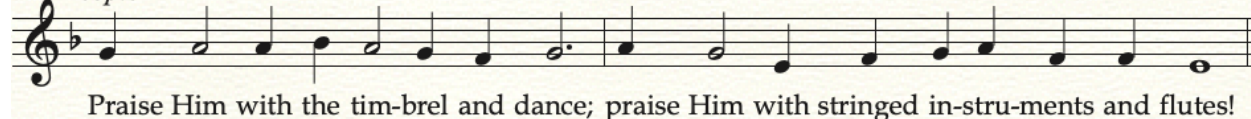
Praise Him for His might-y acts; praise Him according to His ex - cel-lent great - ness.

Cantor



Praise Him with the sound of the trum - pet; praise Him with the lute and harp.

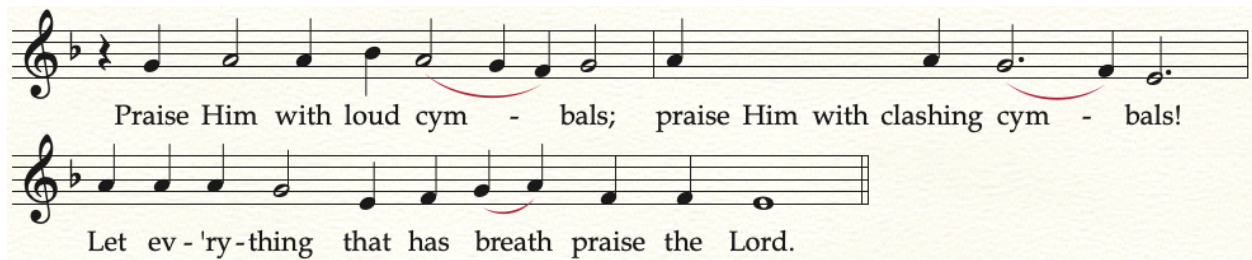
People



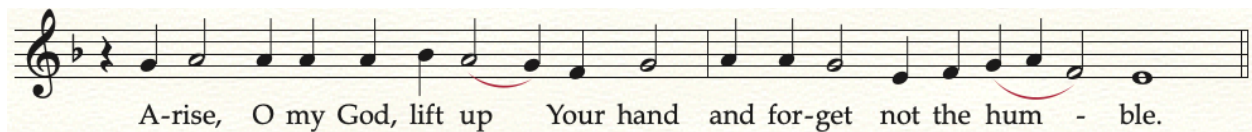
Praise Him with the tim-brel and dance; praise Him with stringed in-stru-ments and flutes!

(Tone 7) - Resurrection

Christ has risen from the dead, trampling on Death's chains. O earth, proclaim great joy; O heaven, praise God's glory.



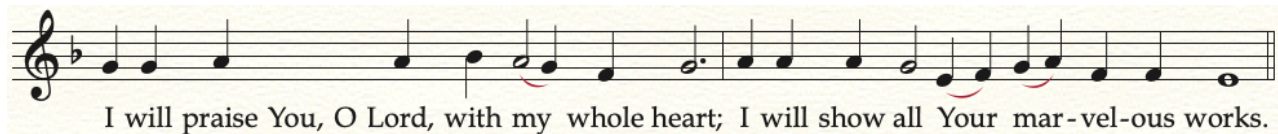
We ceaselessly worship Christ's Resurrection for He has saved us from our sins; Holy is the Lord Jesus Christ Who has shown forth the Resurrection.



(Tone 8) – Elevation

Exalt the Lord our God and worship at His footstool.

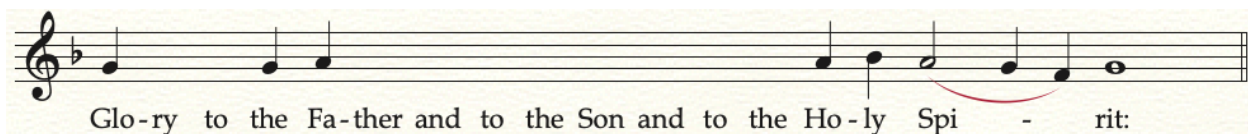
O marvelous wonder! The most holy Cross, the life-giving Tree, is lifted up on high today and shown to the world. All the ends of the earth give glory, all the devils fear and tremble. How great a gift is here bestowed on all mankind! Through the Cross save our souls, O Christ, You Who alone are full of compassion.



The righteous cry out, and the Lord hears them; and delivers them out of all their troubles.

(Tone 2) – Alaskan Martyrs

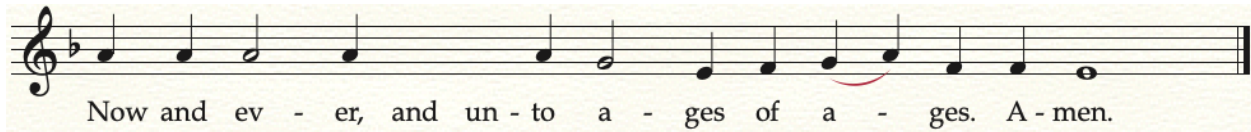
Come all Orthodox believers of America, let us celebrate this feast of faith! The holy Martyrs Juvenaly and Peter suffered willingly, in their devotion to Christ, recalling the Lord's promise that the Kingdom of God belongs to those who suffer for Him. Having fought the good fight and having received their crowns, they stand before the Lord and intercede for our souls.



(Tone 5) - Eothinon 5

O the wisdom of Your judgments, O Christ! By the grave clothes alone You made Peter to understand and he believed in Your Resurrection You went with Luke and Cleopas as they walked, yet without at once revealing Yourself. You were thought to be only a stranger in Jerusalem with no knowledge of what had been done there; You expounded and disclosed to them whose hearts were aflame and burned within

them the prophecies concerning Yourself and You became known in the breaking of bread. And when the disciples were gathered together You plainly proclaimed Your Resurrection. O Lord and Giver of life have mercy on us.



Most blessed are you, O Virgin Theotokos, for through Him Who was incarnate of you Hades is plundered, Adam is recalled from the dead, the curse is made void, Eve is set free, death is slain, and we are given life. Therefore, in hymns of praise, we cry aloud: “Blessed are You, O Christ our God, Who are thus well pleased. Glory to You.”

Great Doxology

Glory to You, Who have shown us the light. Glory to God in the highest, and on earth peace, good will among men.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

O Lord King, heavenly God, Father Almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who take away the sin of the world, have mercy on us, You Who take away the sins of the world

Receive our prayer, You Who sit at the right hand of the Father, and have mercy on us.

For You only are holy, You only are the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and I will praise Your name forever; yes, forever and ever.

Grant, O Lord, to keep us this day without sin.

Blessed are You, O Lord the God of our fathers, and praised and glorified is Your name forever. Amen.

Let Your mercy, O Lord, be upon us, as we have set our hope on You.

Blessed are You, O Lord; teach me Your statutes.

Blessed are You, O Lord; teach me Your statutes.

Blessed are You, O Lord; teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: “Be merciful unto me; heal my soul, for I have sinned against You.”

Lord, I have fled to You; teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Holy God, Holy Mighty, Holy Immortal: have mercy on us.

Glory to the Father and to the Son and to the Holy Spirit;

now and ever, and unto ages of ages. Amen.

Holy Immortal: have mercy on us.

Holy God, **Holy Mighty**, Holy Immortal: **have mercy on us.**

Troparion: Tone 8

Having risen from the tomb and having burst the bonds of Hades, You loosed the condemnation of death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Yourself to Your Apostles, You sent them forth to proclaim You; and through them You have granted Your peace unto the civilized world, O You Who alone are abundant in mercy.

DIVINE LITURGY OF ST. JOHN CHYRSOSTOM

The Second Antiphon (Psalm 115)

O Son of God, **Who were crucified in the flesh**, save us who sing to You: Alleluia.

The Third Antiphon (Psalm 99)

Verse: The Lord reigns; let the peoples tremble! He dwells between the cherubim; let the earth be moved.

Troparion of the Cross: Tone 1 (Byzantine)

O Lord, save Your peo - ple and bless Your in - her - i - tance, grant - ing to the

6
faith - ful vic - t'ry o - ver their en - e - mies, and by the pow - er

11
of Your Cross, pre - ser - ving Your hab - i - ta - tion.

Verse: The Lord is great in Zion and He is high above all the peoples.

O Lord, save...

Verse: Let them praise Your great and awesome name, for it is holy.

O Lord, save...

The Entrance Hymn

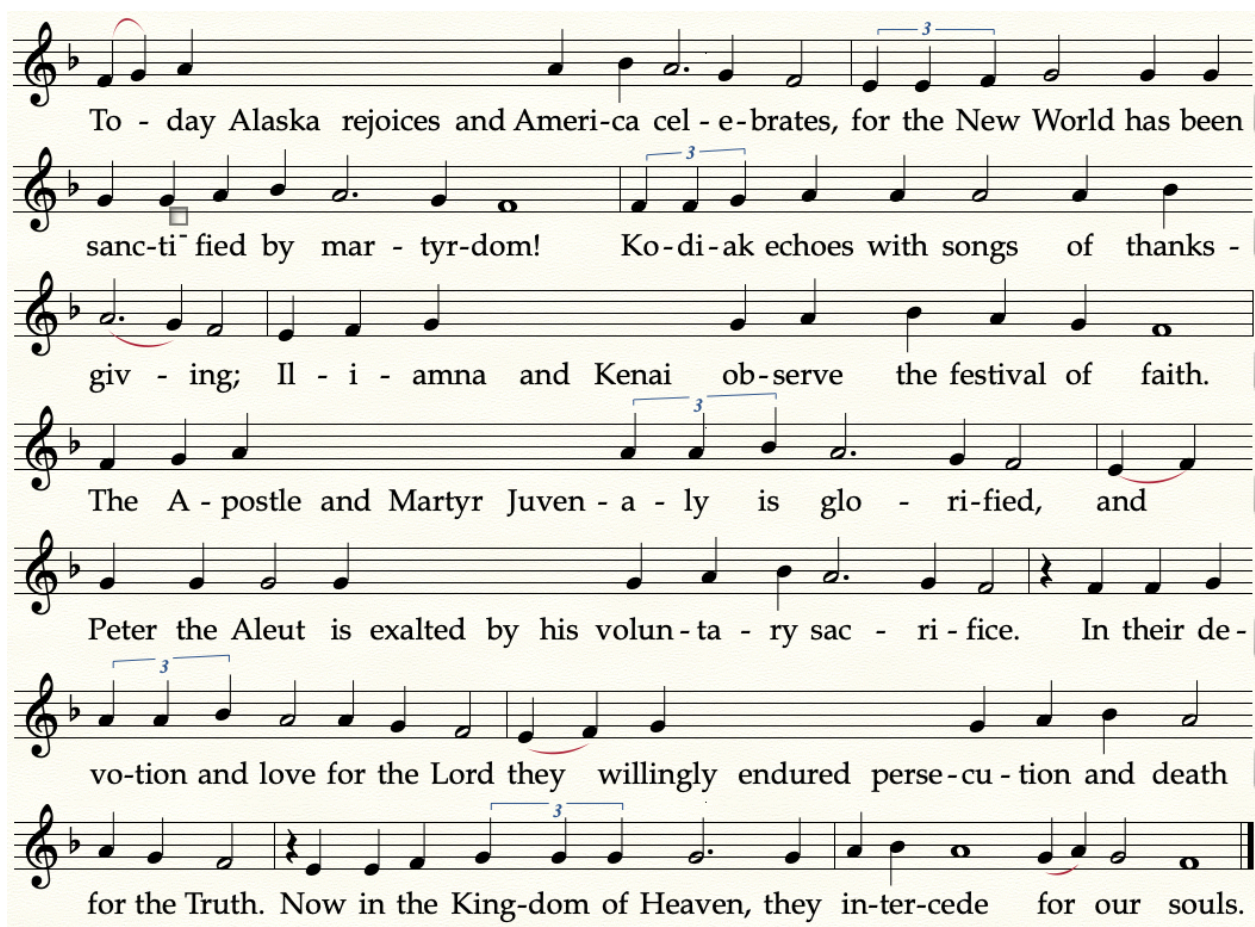
Come, let us worship and fall down before Christ. O Son of God, Who rose from the dead save us who sing to You. Alleluia, Alleluia, Alleluia.

Resurrection Troparion: Tone 7 (Byzantine)

You have destroyed death by Your Cross. You have opened Paradise to the thief. You have changed the weeping of the myrrhbearers into joy. You have commanded Your apostles to proclaim: You have risen, O Christ our God, and grant the world Your great mercy.

Troparion of the Cross: Tone 1 (Byzantine)

Troparion Martyrs of Alaska: Tone 4 (Carpatho-Russian)



To - day Alaska rejoices and Ameri-ca cel - e-brates, for the New World has been
sanc-ti-fied by mar - tyr-dom! Ko-di-ak echoes with songs of thanks -
giv - ing; Il - i - amna and Kenai ob-serve the festival of faith.
The A - postle and Martyr Juven - a - ly is glo - ri-fied, and
Peter the Aleut is exalted by his volun - ta - ry sac - ri - fice. In their de -
vo-tion and love for the Lord they willingly endured perse-cu - tion and death
for the Truth. Now in the King-dom of Heaven, they in-ter-cede for our souls.

Glory to the Father and to the Son and to the Holy Spirit

Hymn to St. John

Now and ever and unto ages of ages. Amen.

Kontakion of the Cross: Tone 4 (Carpatho-Russian)

O Lord, Who of Your own good will were lift-ed up on the Cross, O Christ our God,
be-stow Your generous gifts on the new na-tion which is called by Your name;
make glad in Your might those who law-ful-ly gov - ern;
that with them we may be led to vic-t'ry o - ver our en - e - mies,
hav-ing in Your aid a weap-on of peace and a tro - phy in - vin - ci - ble.

Prokeimenon: Tone 7 - Psalm 29 (LXX 28)

The Lord shall give strength to His people; the Lord shall bless His people with peace.

Verse: Give unto the Lord, O you mighty ones, give unto the Lord glory and strength.

The Epistle Reading – Galatians 2:16-20

Brethren, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified. "But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

The Alleluia before the Gospel: Tone 7 - Psalm 92 (LXX 91)

Verse: It is good to give thanks to the Lord, and to sing praises to Your name, O Most High.

Verse: To declare Your lovingkindness in the morning, and Your faithfulness by night.

The Gospel Reading – Mark 8:34 - 9:1

The Lord said, “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel’s will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.” And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

Magnification Hymn - Elevation: Tone 8 (Greek)

Cantor: O my soul magnify the most precious Cross of the Lord.

You are a mys-ti-cal par-a-dise, O The-o-to - kos; with-out seed,
you have brought forth Christ by Whom the life - giv-ing tree of the
Cross was plant-ed on the earth. As we bow down be - fore the Cross
which is now ex - al - ted, we mag - ni - fy you.

The Communion Hymn - Psalm 148

Praise the Lord. Praise the Lord from the heavens. Praise Him, O praise Him in the highest. Alleluia, Alleluia, Alleluia.

Elevation Communion Hymn - Psalm 4:6

The light of Your countenance has been marked upon us, O Lord. Alleluia (3x)

The Dismissal

PRIEST: May Christ our true God, *Who rose from the dead, by the might of the precious and life-giving Cross, the elevation of which we celebrate today...*



Martyrs Eustathios & Family: Tone 4 (Carpatho-Russian)

*Your martyrs, O Lord, St. Eustathios & his family,
by their struggles received the crown of immortality
from You, our God.*

*Rejoicing in Your strength, they overcame the
tyrants*

and crushed the vain attacks of demons.

By their prayers, O Christ our God, save our souls.

Ss. Juvenaly & Peter the Aleut



Martyrs of Alaska

Troparion Martyrs of Alaska: Tone 4 (Carpatho-Russian)

To - day Alaska rejoices and Ameri-ca cel - e-brates, for the New World has been
sanc-ti-fied by mar - tyr-dom! Ko-di-ak echoes with songs of thanks -
giv - ing; Il - i - amna and Kenai ob-serve the festival of faith.
The A - postle and Martyr Juven - a - ly is glo - ri-fied, and
Peter the Aleut is exalted by his volun - ta - ry sac - ri - fice. In their de -
vo-tion and love for the Lord they willingly endured perse-cu - tion and death
for the Truth. Now in the King-dom of Heaven, they in-ter-cede for our souls.

Kontakion Martyrs of Alaska: Tone 4 (Carpatho-Russian)

To-day Va-laam joins A-las - ka in cel-e-bra-ting this joy - ous feast,
as her spiritual son, Ju-ven-a ly em-braces with love the new mar-tyr
Pe - ter. Together they suffered for the Lord in A-mer - i-ca and u -
nited the Old World with the New by their vol-un-tar-y sac - ri-fice.
Now for-ever they stand before the King of Glory and in-ter-cede for our souls.

Exapostilaria - Elevation: Tone 2 (Znamenny)

5 The Cross is the guard - dian of the whole
9 earth; the Cross is the beau - ty of the Church.
14 The Cross is the strength of kings; the
18 Cross is the sup - port of the faith - ful. The
22 Cross is the glo - ry of an - gels and the
wound - er of de - mons.

5 To - day the Cross is ex - alt - ed and the world is sanc - ti -
8 fied. For You Who are en - throned with the Fa - ther and the
13 Spi - rit have spread Your arms up-on it, and drawn the
18 world to the know - - - ledge of You, O Christ. Make
22 wor - thy of di - vine glo - ry those who
have put their trust in You.

Troparion of the Cross: Tone 1 (Byzantine)

O Lord, save Your people, and bless Your inheritance, granting to the faithful vict'ry over their enemies, and by the power of Your Cross preserving Your habitation.

Kontakion of the Cross: Tone 4 (Carpatho-Russian)

O Lord, Who of Your own good will were lifted up on the Cross, O Christ our God, bestow Your generous gifts on the new nation which is called by Your name; make glad in Your might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Your aid a weapon of peace and a trophy invincible.

Ikos

He who was caught up in the third heavens to Paradise and who heard unspeakable and divine words which it is not lawful for the human tongue to utter, wrote to the Galatians as lovers of the Scriptures, you have read His words and know – “But God forbid”, said he, “that I should glory save in the Cross of our Lord Jesus Christ” on which He killed our passions by His Passion. Let us, then, firmly hold fast to the Cross of the Lord, the glory of us all: for this Wood is our salvation, a weapon of peace and a trophy invincible.

Aposticha Verse Elevation: Tone 5 (Byzantine)

Re - jice, life-giv-ing Cross, un-con-qu'ra-ble tro - phy of god-li-ness,
6 door to para-dise, help of the faith - ful, ram-part set a - bout the Church.
11 Through you cor - rup - tion is ut-ter - ly de-stroyed the pow-er of death is
15 swal-lowed up, and we are raised from earth to heav-en: invincible weapon,
19 glo - ry of mar - tyrs, true or-na-ment of saints, ha-ven of sal-va -
25 tion be - stow-ing on the world great mer - cy.



Elevation of the Cross

